

Table S1 Search strategy

MEDLINE: 2176 studies	EMBASE: 946 studies	PUBMED: 109 studies
<p>Strategy:</p> <ol style="list-style-type: none"> <li>1. arthroscopy.mp. or exp Arthroscopy/</li> <li>2. arthropathy of stabilization.mp.</li> <li>3. arthroscopic Bankart repair.mp.</li> <li>4. shoulder stabilization.mp.</li> <li>5. 1 or 2 or 3 or 4</li> <li>6. middle aged.mp. or exp Middle Aged/</li> <li>7. older.mp.</li> <li>8. exp Aging/ or aging.mp.</li> <li>9. elder.mp.</li> <li>10. 6 or 7 or 8 or 9</li> <li>11. exp Shoulder/ or shoulder.mp.</li> <li>12. shoulder joint.mp. or exp Shoulder Joint/</li> <li>13. glenohumeral joint.mp.</li> <li>14. 11 or 12 or 13</li> <li>15. Bankart lesions.mp. or exp Bankart Lesions/</li> <li>16. shoulder dislocation.mp. or exp Shoulder Dislocation/</li> <li>17. joint instability.mp. or exp Joint Instability/</li> <li>18. anterior instability.mp.</li> <li>19. shoulder instability.mp.</li> <li>20. recurrent instability.mp.</li> <li>21. exp Shoulder Injuries/ or shoulder injuries.mp.</li> <li>22. 15 or 16 or 17 or 18 or 19 or 20 or 21.</li> <li>23. 5 and 10 and 14 and 22</li> <li>24. limit 23 to (English Language and Humans)</li> </ol>	<p>Strategy:</p> <ol style="list-style-type: none"> <li>1. arthroscopy.mp. or exp Arthroscopy/</li> <li>2. arthropathy of stabilization.mp.</li> <li>3. arthroscopic Bankart repair.mp.</li> <li>4. shoulder stabilization.mp.</li> <li>5. 1 or 2 or 3 or 4</li> <li>6. middle aged.mp. or exp Middle Aged/</li> <li>7. older.mp.</li> <li>8. exp Aging/ or aging.mp.</li> <li>9. elder.mp.</li> <li>10. 6 or 7 or 8 or 9</li> <li>11. exp Shoulder/ or shoulder.mp.</li> <li>12. shoulder joint.mp. or exp Shoulder Joint/</li> <li>13. glenohumeral joint.mp.</li> <li>14. 11 or 12 or 13</li> <li>15. Bankart lesions.mp. or exp Bankart Lesions/</li> <li>16. shoulder dislocation.mp. or exp Shoulder Dislocation/</li> <li>17. joint instability.mp. or exp Joint Instability/</li> <li>18. anterior instability.mp.</li> <li>19. shoulder instability.mp.</li> <li>20. recurrent instability.mp.</li> <li>21. exp Shoulder Injuries/ or shoulder injuries.mp.</li> <li>22. 15 or 16 or 17 or 18 or 19 or 20 or 21.</li> <li>23. 5 and 10 and 14 and 22</li> <li>24. limit 23 to (English Language and Humans)</li> </ol>	<p>Strategy:</p> <p>Search: ((2023/02/04"[Date - Publication] : 3000"[Date - Publication])) AND (((shoulder dislocation or joint instability or recurrent instability or shoulder instability or recurrent instability or Bankart lesions or shoulder injuries) AND (shoulder or shoulder joint or glenohumeral joint)) AND (middle aged or older or aging or elder)) AND (arthroscopy or arthropathy of stabilization or arthroscopic Bankart repair or shoulder stabilization))</p>