Appendix 1 Search strategy of databases

PubMed

| No. | Search | Results |
|-----|---|---------|
| 1 | "Prevalence" [Title/Abstract] AND "Hand" [Title/Abstract] AND ("Paresthesia" [Title/Abstract] OR "Dysesthesia" [Title/Abstract] OR "Tingling" [Title/Abstract] OR "Prickling" [Title/Abstract] OR "Abnormal sensation" [Title/Abstract]) AND ("Numbness" [Title/Abstract] OR "Hypoesthesia" [Title/Abstract] OR "Impaired sensation" [Title/Abstract] OR "Reduced sensation" [Title/Abstract]) | 97 |
| 2 | "Shoulder"[Title/Abstract] AND ("Pathology"[Title/Abstract] OR "Disease"[Title/Abstract] OR "Injury"[Title/ Abstract] OR "Disorder"[Title/Abstract] OR "Problem"[Title/Abstract]) | 37993 |
| 3 | 1 AND 2 AND (2010:2024[pdat]) | 2 |

SCOPUS

| No. | Search | Results |
|-----|---|---------|
| 1 | TITLE-ABS-KEY("Prevalence" AND "Hand" AND("Paresthesia" OR "Dysesthesia" OR "Tingling" OR "Prickling" OR "Abnormal sensation")AND("Numbness" OR "Hypoesthesia" OR "Impaired sensation" OR "Reduced sensation")) | 175 |
| 2 | TITLE-ABS-KEY("Shoulder" AND("Pathology" OR "Disease" OR "Injury" OR "Disorder" OR "Problem")) | 86250 |
| 3 | 1 AND 2 AND PUBYEAR > 2009 AND PUBYEAR < 2024 | 12 |

Embase via Ovid

| No. | Search | Results |
|-----|---|---------|
| 1 | ("Prevalence" and "Hand" and ("Paresthesia" or "Dysesthesia" or "Tingling" or "Prickling" or "Abnormal sensation") and ("Numbness" or "Hypoesthesia" or "Impaired sensation" or "Reduced sensation")).mp. | 174 |
| 2 | ("Shoulder" and ("Pathology" or "Disease" or "Injury" or "Disorder" or "Problem")).mp. | 74590 |
| 4 | 1 and 2 | 21 |
| 5 | limit 4 to yr="2010 - 2024" | 17 |

Cochrane Library

| No. | Search | Results |
|-----|--|---------|
| 1 | ("prevalence"):ti,ab,kw AND ("Hand"):ti,ab,kw AND ("Paresthesia" OR "Dysesthesia" OR "Tingling" OR "Prickling" OR "Abnormal sensation"):ti,ab,kw AND ("Numbness" OR "Hypoesthesia" OR "Impaired sensation" OR "Reduced sensation"):ti,ab,kw (Word variations have been searched) | 22 |
| 2 | ("Shoulder"):ti,ab,kw AND ("Pathology" OR "Disease" OR "Injury" OR "Disorder" OR "Problem"):ti,ab,kw | 7814 |
| 3 | 1 AND 2 | 2 |
| 4 | publication date from Jan 2010 to Dec 2023 | 2 |