

## Appendix 1 Research question: management of coccydynia

## Concept 1: Condition

**Keywords:**

Chronic back pain  
 Chronic pain  
 Coccydynia  
 Coccygodynia  
 Coccyx  
 Coccyx pain  
 Idiopathic coccydynia  
 Low Back Pain  
 Lumbosacral Region  
 Pain  
 Pelvic Pain  
 Sacrococcygeal angle  
 Sacrococcygeal region  
 Spine  
 Tailbone  
 Tailbone pain

**Mesh:**

“Coccyx / pathology\*”[Mesh]  
 “Low Back Pain / diagnosis\*”[Mesh]  
 “Low Back Pain / etiology”[Mesh]  
 “Pain”[Mesh]  
 “Coccyx / injuries\*”[Mesh]  
 “Coccyx / pathology”[Mesh]  
 “Sacrococcygeal Region / pathology”[Mesh]  
 “Back Pain”[Mesh]  
 “Low Back Pain\* / diagnosis”[Mesh]  
 “Musculoskeletal Pain\*”[Mesh]  
 “Pelvic Pain”[Mesh]  
 “Spine\*”[Mesh]

## Concept 2: Therapy

**Keywords:**

Active and passive stretching  
 body vibration  
 Coccygectomy  
 ESWT  
 exercises  
 Extracorporeal shock wave therapy  
 Ganglion impar block  
 Injections  
 manipulation  
 manual therapy  
 Massage  
 Mobilization  
 muscle exercises  
 muscle strength training  
 Nerve Block  
 Neuromodulation  
 physical therapy  
 physiotherapy  
 shokwave

**Mesh:**

“Back Pain / therapy”[Mesh]  
 “Coccyx / surgery”[Mesh]  
 “Conservative Treatment\*”[Mesh]  
 “Exercise Therapy”[Mesh]  
 “Exercise”[Mesh]  
 “Extracorporeal Shockwave Therapy / methods”[Mesh]  
 “Extracorporeal Shockwave Therapy\*”[Mesh]  
 “Low Back Pain / therapy”[Mesh]  
 “Manipulation, Spinal”[Mesh]  
 “Massage”[Mesh]  
 “Muscle Stretching Exercises”[Mesh]  
 “Musculoskeletal Manipulations”[Mesh]  
 “Pain Management / methods”[Mesh]  
 “Pain Management”[Mesh]  
 “Physical Therapy Modalities / methods\*”[Mesh]  
 “Physical Therapy Modalities”[Mesh]

### Concept 3: Interest of the outcome PROMS

#### Keywords:

Visual analogue scale (VAS)  
Pain Scores

#### Mesh:

“Patient Reported Outcome Measures”[Mesh]  
“Patient Outcome Assessment”[Mesh]  
“Pain Measurement”[Mesh]  
“Quality of Life”[Mesh]

#### Searching Strategy

“Back Pain”[Mesh] OR “Coccyx / injuries\*”[Mesh] OR “Coccyx / pathology”[Mesh] OR “Coccyx / pathology\*”[Mesh] OR “Low Back Pain / diagnosis\*”[Mesh] OR “Low Back Pain / etiology”[Mesh] OR “Low Back Pain\* / diagnosis”[Mesh] OR “Musculoskeletal Pain\*”[Mesh] OR “Pain”[Mesh] OR “Pelvic Pain”[Mesh] OR “Sacrococcygeal Region / pathology”[Mesh] OR “Spine\*”[Mesh] OR Chronic back pain OR Chronic pain OR Coccydynia OR Coccygodynia OR Coccyx OR Coccyx pain OR Idiopathic coccydynia OR Low Back Pain OR Lumbosacral Region OR Pain OR Pelvic Pain OR Sacrococcygeal angle OR Sacrococcygeal region OR Spine OR Tailbone OR Tailbone pain

#### AND

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#### AND

Visual analogue scale (VAS) OR Pain Scores OR “Patient Reported Outcome Measures”[Mesh] OR “Patient Outcome Assessment”[Mesh] OR “Pain Measurement”[Mesh] OR “Quality of Life”[Mesh]

#### SUMMARY

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