

Appendix 1: Questionnaires to assess patient awareness of postoperative showers and satisfaction with early showering

This is the patient satisfaction questionnaire in relation to early showers after cardiac surgery. Please answer the following questions.

1. When did you expect your possible shower date (including wounds) to be after cardiac surgery?

- 1) within 1 week
- 2) after 1 week
- 3) after 2 weeks
- 4) after 3 weeks
- 5) after 4 weeks

2. Why did you think that you could not take early showers after surgery?

- 1) Shower may not be allowed before removal of stitches.
- 2) Aseptic dressing is required.
- 3) Wound should not be exposed.
- 4) Water contact may result in wound infection.

3. How inconvenient would it be if you could not take a shower for a long period after surgery? Please designate the score.

No problem

Very uncomfortable

0	1	2	3	4	5	6	7	8	9	10
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4. How satisfied were you with an early shower after cardiac surgery?

Very unsatisfied

Very satisfied

0	1	2	3	4	5	6	7	8	9	10
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5. How much does an early shower impact your choice of hospital or surgeon?

No impact

Significant impact

0	1	2	3	4	5	6	7	8	9	10
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