

Figure S1 Risk of bias summary (RCT). Green, yellow, and red represent low, unclear, and high risk of bias, respectively. RCT, randomised controlled trial.

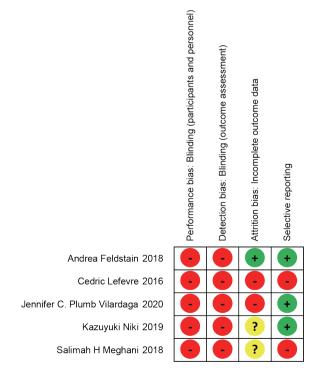


Figure S2 Risk of bias summary (non-RCT). Green, yellow, and red represent low, unclear, and high risk of bias, respectively. RCT, randomised controlled trial.