Supplementary

Appendix 1

Scale for the Assessment of Narrative Review Articles – SANRA Please rate the quality of the narrative review article in question, using categories 0–2 on the following scale. For each aspect o quality, please choose the option which best fits your evaluation, using categories 0 and 2 freely to imply general low and high quality These are not intended to imply the worst or best imaginable quality.	
The importance is not justified0	
The importance is alluded to, but not explicitly justified1	2
The importance is explicitly justified2	
2) Statement of concrete aims or formulation of questions	
No aims or questions are formulated0	
Aims are formulated generally but not concretely or in terms of clear questions1	2
One or more concrete aims or questions are formulated2	
3) Description of the literature search	
The search strategy is not presented0	
The literature search is described briefly1	2
The literature search is described in detail, including search terms and inclusion criteria. 2	
4) Referencing	
Key statements are not supported by references0	
The referencing of key statements is inconsistent1	2
Key statements are supported by references2	
5) Scientific reasoning	
(e.g., incorporation of appropriate evidence, such as RCTs in clinical medicine)	
The article's point is not based on appropriate arguments0	
Appropriate evidence is introduced selectively1	1
Appropriate evidence is generally present2	
6) Appropriate presentation of data	
(e.g., absolute vs relative risk; effect sizes without confidence intervals)	
Data are presented inadequately0	
Data are often not presented in the most appropriate way1	1
Relevant outcome data are generally presented appropriately2	
Sumscore	10