Supplementary


Figure S1 A priori factors at inclusion and their respective association with weekly moderate physical activity faceted by occurrence of composite adverse clinical outcome. (A) Age in years, (B) Child-Pugh Score, (C) Liver Frailty Index and (D) quality of life as per SF36 total score. Displayed using heatmap (median per boxes of 5 weeks and MPA $20 \mathrm{~min} / \mathrm{week}$ ) is shown along with bandwidth of per WHO recommended weekly moderate physical activity using dashed lines.


Figure S2 Weekly moderate physical activity stratifying for the occurrence of composite clinical outcome. Analysis was performed using LOESS regression analysis and $95 \%$ CI is shown. Bandwidth of per WHO recommended weekly moderate physical activity using dashed lines.

| Table S1 Daily median physical activity measured by the FitBit ${ }^{\circledR}$ |  |
| :--- | :---: |
| Characteristics | Medians (IQR) $^{\dagger}$ |
| Steps | $4,661.0(1,685.0-8,609.0)$ |
| Distance travelled (m) | $3,255.0(1,110.0-6,100.0)$ |
| Floors climbed | $4.0(0.0-9.0)$ |
| Time spent sitting (min) | $947.0(708.0-1,366.8)$ |
| Energy expenditure total (kcal) | $2,159.0(1,780.0-2,610.0)$ |
| Energy expenditure during activities (kcal) | $717.5(85.2-1,265.8)$ |
| Low physical activity (min) | $166.0(22.0-247.0)$ |
| Moderate physical activity (min) | $0.0(0.0-18.0)$ |
| Vigorous physical activity (min) | $0.0(0.0-11.0)$ |
| $\dagger 7,270$ data points in n=35, significances assessed using Mann-Whitney U-test. |  |

${ }^{\dagger}, 7,270$ data points in $n=35$, significances assessed using Mann-Whitney U-test.

| Variable | Sunday ( $\mathrm{N}=10,371$ ) | Monday ( $\mathrm{N}=10,401$ ) | Tuesday ( $\mathrm{N}=1,0361$ ) | Wednesday ( $\mathrm{N}=10,371$ ) | Thursday ( $\mathrm{N}=10,351$ ) | Friday ( $\mathrm{N}=10,431$ ) | Saturday ( $\mathrm{N}=10,421$ ) | $P$ value |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Steps | 3,460.0 (1,028.0-7,521.0) | 4,818.0 (1,877.0-8,684.5) | 4,356.0 (1,672.5-7,932.5) | 4,916.0 (1,897.0-8,592.0) | 4,806.0 (1,906.5-8,774.5) | 5,156.0 (1,939.5-8,642.0) | 5,300.5 (1,990.8-9,987.0) | <0.001 |
| Distance travelled (m) | 2,370.0 (700.0-5,310.0) | 3,350.0 (1,230.0-6,032.5) | 3,000.0 (1,120.0-5,585.0) | 3,410.0 (1,260.0-6,100.0) | 3,360.0 (1,290.0-6,175.0) | 3,660.0 (1,290.0-6,065.0) | 3,660.0 (1,340.0-7,037.5) | <0.001 |
| Floors climbed | 2.0 (0.0-8.0) | 4.0 (0.0-9.0) | 4.0 (0.0-9.0) | 4.0 (0.0-10.0) | 4.0 (0.0-9.0) | 4.0 (0.0-9.0) | 4.0 (0.0-11.0) | <0.001 |
| Time spent sitting (min) | 955.0 (702.0-1,400.0) | 966.0 (713.5-1,357.0) | 967.5 (722.5-1,355.2) | 943.0 (709.0-1,378.0) | 926.0 (710.5-1,348.0) | 964.0 (718.0-1,378.0) | 919.0 (674.0-1,347.0) | 0.421 |
| Energy expenditure total (kcal) | 2,074.0 (1,708.0-2,478.0) | 2,168.0 (1,803.8-2,605.5) | 2,126.0 (1,758.8-2,567.8) | 2,158.0 (1,781.0-2,623.0) | 2,171.0 (1,796.5-2,601.0) | 2,173.0 (1,824.0-2,658.5) | 2,244.5 (1,820.5-2,739.5) | <0.001 |
| Energy expenditure during activities (kcal) | 571.0 (30.0-1,162.0) | 729.5 (87.2-1,264.2) | 684.0 (121.0-1,194.8) | 743.0 (104.0-1,271.0) | 728.0 (71.5-1,262.0) | 756.0 (46.0-1,307.0) | 814.5 (132.5-1,351.5) | <0.001 |
| Low physical activity (min) | 131.0 (8.0-205.0) | 166.0 (26.5-255.0) | 172.0 (34.5-250.0) | 172.0 (26.0-249.0) | 168.0 (22.5-249.0) | 178.0 (14.5-264.0) | 174.5 (37.0-249.0) | <0.001 |
| Moderate physical activity (min) | 0.0 (0.0-20.0) | 0.0 (0.0-19.0) | 0.0 (0.0-14.0) | 0.0 (0.0-18.0) | 0.0 (0.0-18.0) | 0.0 (0.0-17.0) | 0.0 (0.0-22.8) | <0.001 |
| Vigorous physical activity (min) | 0.0 (0.0-11.0) | 0.0 (0.0-11.0) | 0.0 (0.0-8.0) | 0.0 (0.0-14.0) | 0.0 (0.0-11.5) | 0.0 (0.0-10.0) | 0.0 (0.0-16.0) | 0.006 |

Values are given in medians (IQR) for continuous variables and significances assessed using Kruskal-Wallis $H$ test.

