

Table S1 The Scale for the Assessment of Narrative Review Articles (SARNA)

SARNA Item	Score	Comments
1. Justification of the article's importance for the readership	2	Importance is explicitly justified in <i>Introduction</i>
2. Statement of concrete aims or formulation of questions	2	Concrete aims of study are stated in section <i>Objective</i>
3. Description of the literature search	2	Methods clearly state inclusion and exclusion, search strategy, and final filtering of articles. These are also described in <i>Figure 1</i> and <i>Table 1</i>
4. Referencing	2	Key statements are supported by references
5. Scientific reasoning	2	Appropriate evidence is generally present
6. Appropriate presentation of data	2	Relevant outcome data are generally presented appropriately with specific references to quality and themes of various manuscripts
Total	12	