

Table S1 Examination findings assessment criteria

Assessment criteria	Examination findings
1. Bladder function	a) Bladder function abnormal (date and time of onset) b) Urinary retention (date and time of onset) c) Urinary incontinence (date and time of onset)
2. Bowel function abnormal	a) Bowel function abnormal (date and time of onset)
3. Anal tone abnormal	
4. Perineal and perianal sensation	a) Perineal and perianal sensation abnormal b) Abnormal perineal or perianal sensation to pin prick (unilateral or bilateral, level-time and date examined)
5. Pain/sciatica	a) Acute exacerbation of chronic lumbar back pain b) New onset severe lumbar back pain c) Right sciatica d) Left sciatica e) Bilateral sciatica f) Other