

Table S1 Chinese herbs in TCM formulas in included RCTs

Study	TCM formulas and specific herbs	Disease stage
Liu HJ 2021 (12)	Chuanxiongpingchuan decoction (chuanxiong 30g, chishao 20g, baishao 20g, danggui 15g, danshen 10g, huangjinzi 9g, hutuiye 20g, xixin 5g, xinyi 5g, taoren 15g, shuizhi 1.5g, gancao 6g)	Stable
Liang HX 2021 (13)	Ningfeihuoxuelishui decoction (huangqi 30g, dangshen 15g, danshen 10g, danggui 10g, sangbaipi 10g, taoren 10g, zexie 10g, honghua 10g, guizhi 10g, baizhu 10g, fuling 10g, gancao 5g)	Stable
Feng GP 2020 (14)	Jiaweichuanxiongpingchuan mixture (chuanxiong 12g, chishao 15g, baishao 15g, danggui 9g, danshen 9g, huangjinzi 9g, hutuiye 12g, xixin 4.5g, xinyi 4.5g, shenggancao 6g)	Stable
Wu XY 2020 (15)	Bufeihuatanhuoxue decoction (renshen 10g, huangqi 30g, shudihuang 15g, wuweizi 10g, tinglizi 10g, zhebeimu 10g, gejie 1 pair, fulin 10g, danshen 15g, chuanxiong 9g, shuizhi 3g, gancao 6g)	Stable
He YL 2020 (16)	Wenfeigubenhuoxue decoction (huangqi 20g, guizhi 15g, buguzhi 15g, niuxi 15g, danggui 12g, baizhu 12g, chuanxiong 12g, taoren 12g, chishao 12g, mahuang 10g, fulin 10g, xixin 10g, wuweizi 10g, ganjiang 6g)	Stable
Fan CX 2020 + 2018 (17, 18)	Jiaweichuanxiongpingchuan mixture (chuanxiong 12g, chishao 18g, baishao 18g, danggui 9g, danshen 9g, huangjinzi 9g, hutuiye 18g, xixin 5g, xinyi 5g, shuizhi 6g, taoren 12g, shenggancao 6g)	Acute exacerbations
Xu XQ 2019 (19)	Jiaweichuanxiongpingchuan mixture (chuanxiong, chishao, baishao, danggui, danshen, shuizhi, taoren)	Stable
Zhang HJ 2019 (20)	Yiqihuoxuebushen decoction (dangshen 15g, huangqi 25g, shudihuang 25g, fuling 15g, tusizi 30g, gouqizi 25g, wuweizi 15g, tinglizi 20g, zisuzi 15g, chuanbeimu 12g, danshen 15g, chuanxiong 15g, dilong 15g, zhigancao 6g)	Stable
Tian H 2019 (21)	Tongluolifei decoction (chuanxiong 30g, taizishen 15g, shenghuangqi 30g, chishao 12g, danshen 15g, shuizhi 9g, tinglizi 9g, zhebeimu 9g, fuling 12g, zhiqiao 15g, jiegeng 30g, gualou 15g, gancao 6g)	Acute exacerbations
Zhang DF 2018 (22)	Self-prescribed formulas (shenghuangqi 30g, fuling 15g, dangshen 15g, fabanxia 12g, fangfeng 8g, sangbaipi 12g, chenpi 8g, baizhu 12g, shanyao 12g, nanshashen 10g, danshen 15g)	Stable
Li HH 2017 (23)	Bufeihuoxuehuatan decoction (siyeshen 30g, huangjing 10g, danshen 15g, fuling 15g, shuizhi 9g, chuanxiong 9g, zhebeimu 9g, tinglizi 9g)	Stable
Yin TT 2017 (24)	Qibaipingfei capsule (shengshaishen, huangqi, xiebai, chuanxiong, wuweizi)	Stable
Qin H 2016 (25)	Self-prescribed formulas (huangqi 30g, chishao 20g, cheqiancao 20g, gualou 10g, taizishen 20g, huangjing 10g, zhebeimu 10g, fuling 15g, tinglizi 9g, danshen 15g, chuanxiong 9g)	Stable
Zhao DF 2016 (26)	Self-prescribed formulas (maidong 12g, shashen 30g, chuanbeimu 10g, wuweizi 8g, baihe 15g, shudi 15g, gejie 3g, suzi 10g, shanyao 30g, huangjing 15g, xianhecao 20g, danshen 10g, chuanxiong 10g, shuizhi 3g)	-
Li W 2016 (27)	Self-prescribed formulas (huangqi 30g, xiyangshen 15g, ziheche 10g, hutaorou 10g, baizhu 10g, danshen 10g, chuanxiong 10g, chaihui 8g, xiangfu 8g, mahuang 8g, fabanxia 8g, gualou 10g, sangbaipi 15g, tinglizi 10g, ziwang 15g, gancao 5g)	Acute exacerbations
Zhao SW 2015 (28)	Self-prescribed formulas (taoren 30g, honghua 20g, huangqi 60g, chuanxiong 15g, danggui 12g, chishao 12g, zhiqiao 12g, niuxi 12g, gancao 9g)	Acute exacerbations
Liu Z 2015 (29)	Self-prescribed formulas (chuanxiong 30g, huangqi 30g, taoren 15g, honghua 15g, danggui 12g, chishao 12g, zhimahuang 9g, tinglizi 9g, xingren 12g, shengan 12g, gejie 9g, gancao 9g)	Acute exacerbations
Zhong GW 2015 (30)	Self-prescribed formulas (huangqi 30g, renshen 20g, fupian 9g, chuanxiong 10g, danshen 10g, fabanxia 9g, xiebai 12g, baijiezi 15g)	-
Chen C 2015 (31)	Sansanghuoxue decoction (sangshenzi 12g, sangjisheng 12g, sangbaipi 9g, danggui 12g, huangqi 15g, danshen 15g, chuanxiong 15g)	Stable
Qu NN 2015 (32)	Self-prescribed formulas (huangqi 40g, dangshen 15g, fuzi 10g, dilong 15g)	-

TCM, traditional Chinese medicine.

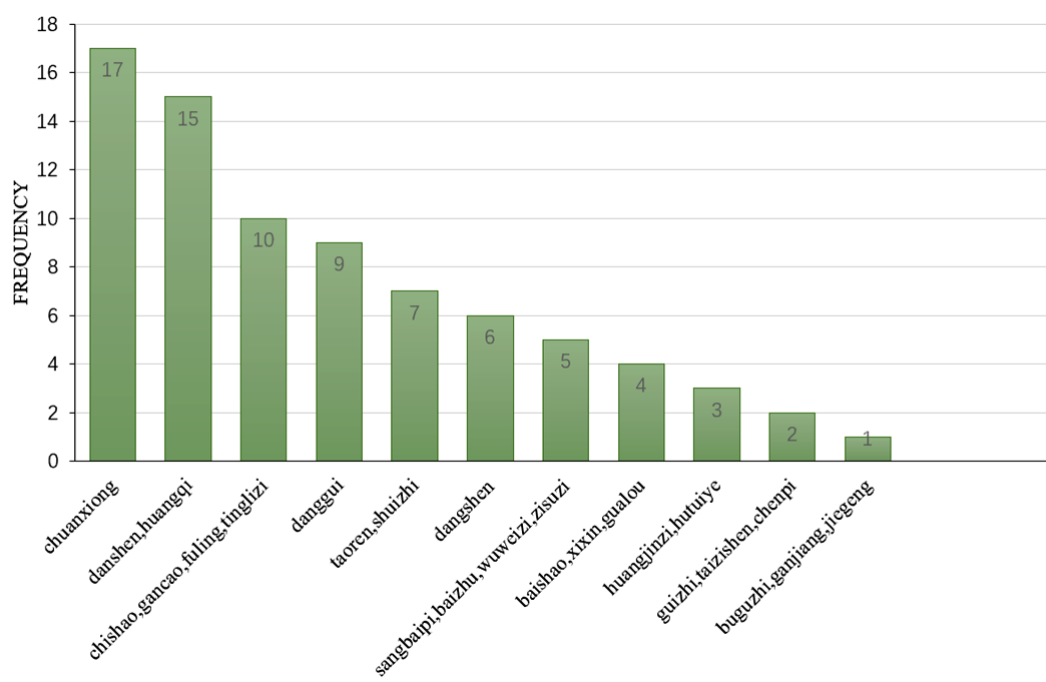


Figure S1 Frequency of each herb in the TCM formulas. TCM, traditional Chinese medicine.