

Patient name \_\_\_\_\_ Hospital Number \_\_\_\_\_ Date of Birth \_\_\_\_\_ Today's Date \_\_\_\_\_

### The pictorial Sleepiness and Sleep Apnoea Scale (pSSAS)

Tick  **one box only in each different situation** that best represents you.

How likely are you to **doze off or fall asleep** in the following situations?

**1. Sitting and Reading**



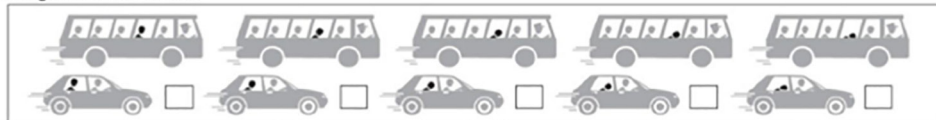
**2. Watching TV or listening to the radio**



**3. Sitting quietly after a meal**



**4. As a passenger in a car or bus**

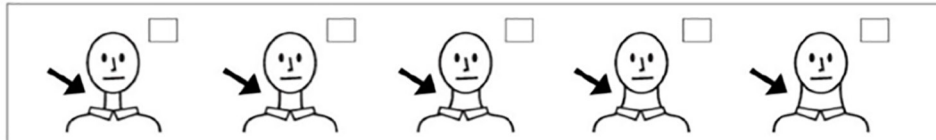


Now please tick  **one box only in each series of pictures** that best represents you.

**5. Body size**



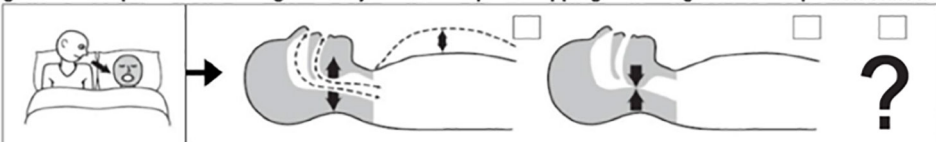
**6. Neck size**



**7. Blood pressure: normal normal with medicine high don't know**



**8. Breathing when asleep: breathing normally when asleep stopping breathing when asleep don't know**



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Figure S1 English version of the pSSAS questionnaire. Permission given by Professor Martyn R. Partridge.

**Table S1** pSSAS scoring scheme

| pSSAS item               | Scoring  |
|--------------------------|--|
| Q1–4: Daytime sleepiness | 0, 1, 2, 3 and 4 points with increasing score indicating increasing daytime sleepiness |
| Q5: Body size            | 0, 1, 2, 3, 4 points with increasing score indicating increasing body size             |
| Q6: Neck size            | 0, 1, 2, 3, 4 points with increasing score indicating increasing neck size             |
| Q7: Blood pressure       | Normal =0 point, normal on medication or high BP =4 points, don't know =0 point        |
| Q8: Witnessed apnoea     | Normal breathing = 0 points, breathing pauses occur=4 points, don't know = 0 points    |