

Table S1 Comparison of baseline characteristics between normal group and T2DM group

| Characteristics | Normal group (n=83) | T2DM group (n=117) | P value |
|--------------------------|---------------------|--------------------|---------|
| Age (years) | 57.71±10.14 | 56.58±8.75 | 0.401 |
| Male | 42 (50.6) | 68 (58.1) | 0.292 |
| BMI (kg/m ²) | 23.77±3.47 | 24.46±3.11 | 0.142 |
| Active smoking | 18 (21.7) | 30 (25.6) | 0.519 |
| Active drinking | 5 (6.0) | 24 (20.5) | 0.004* |
| FBG (mmol/L) | 5.11 [4.72, 5.53] | 8.35 [6.42, 12.29] | <0.001* |
| TG (mmol/L) | 1.57 [1.16, 1.93] | 1.82 [1.29, 2.55] | 0.025* |
| TC (mmol/L) | 4.33±0.77 | 4.76±1.15 | 0.002* |
| HDL-cholesterol (mmol/L) | 1.10 [0.95, 1.28] | 0.98 [0.87, 1.18] | 0.031* |
| LDL-cholesterol (mmol/L) | 2.43±0.60 | 2.69±0.77 | 0.009* |
| PSD (°) | 8.5 [7.4, 10.3] | 10 [8.2, 12.15] | <0.001* |
| PBW (°) | 27 [24, 30] | 30 [25, 36.5] | <0.001* |

Data are given as mean ± standard deviation (normal distribution), median [Q1 to Q3] (non-normal distribution), or number (%) for categorical variables. *, P<0.05. T2DM, type 2 diabetes mellitus; BMI, body mass index; FBG, fasting blood glucose; TG, triglycerides; TC, total cholesterol; HDL, high-density lipoprotein; LDL, low-density lipoprotein; PSD, phase standard deviation; PBW, phase histogram bandwidth.