

Table S1 The Newcastle-Ottawa Scale (NOS) for assessing the quality of cohort studies

Study (year)	Selection				Comparability		Assessment of outcome			Total quality score
	Representative-ness of the exposed cohort	Ascertainment of exposure	Selection of Controls	Demonstration that outcome of interest was not present at start of study	Study controls for the most important factors	Study controls for any additional factor	Assessment of outcome	Was follow-up long enough for outcomes to occur	Adequacy of follow up of cohort	
Wilson Sui (2017)	*	*	*	–	*	*	*	*	–	7
Thomas Seisen (2017)	*	*	*	–	*	*	*	*	*	8
William P. Parker (2017)	*	*	*	–	*	*	*	*	*	8
Nieves Martinez Chanza (2018)	*	*	*	–	*	*	*	*	*	8
Wassim Kassouf (2009)	*	*	*	–	*	*	*	*	–	7
Kamran Zargar-Shoshtari (2016)	*	*	*	–	*	*	*	*	–	7