

Appendix 1 Post-procedure questionnaire**Post-Procedure Questionnaire**

To help us determine if our discharge instructions are clear, please complete the following questionnaire.

Please select 1 answer choice for each question unless noted otherwise, do not leave any questions blank, and please answer to the best of your ability.

Primary Language:

- English
- Spanish
- Other: _____

Highest Level of Education:

- No GED or high school diploma
- GED or high school diploma
- Associate degree
- Bachelor's degree
- Master's degree
- Doctorate degree

Which version of the discharge instructions did you receive?

- Video discharge instructions
- Written discharge instructions

Discharge Questions

1. The first day of the vasectomy, you should continue to avoid walking.
 - True
 - False
2. After the vasectomy you may experience groin pain up to
 - 1 week
 - 2 weeks
 - 3 weeks
 - 4 weeks
3. Following vasectomy, patients need another form of contraception until they receive a negative semen sample.
 - True
 - False
4. When caring for the incision,
 - If you have strips of tape on the incision, you should take the tape off the day after the vasectomy.
 - You should avoid showering.
 - Gently wash the incision with warm, soapy water, and pat it dry.
 - Place ice or a cold pack directly on your skin or incision.
5. Most men can return to work the day after surgery.
 - True
 - False
6. Mark all that apply. In the few days after your vasectomy, you should do all of the following:
 - Avoid strenuous activities
 - Avoid all medications, including antibiotics
 - Eat your normal diet
 - Drink plenty of fluids

7. When should a man have his semen checked for sperm after a vasectomy?
- 1 week
 - 3 weeks
 - 4 weeks
 - 2 months
 - 6 months
8. Mark all that apply. You should call your doctor or seek immediate medical care if you experience:
- Excessive and persistent incisional pain
 - Excessive bruising of the incision
 - Bright red blood soaking through the bandage
 - 1cm opening of the incision

Evaluation Questions

Do you agree or disagree with the following 2 statements:

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. The information was helpful in explaining my post-operative care.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. The instructions were easy to understand.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Would you prefer to receive video instructions, written instructions, or both?
- Written instructions
 - Video instructions
 - Both written and video instructions