

Table S1 MINORS criteria

References	A clearly stated aim	Inclusion of consecutive patients	Prospective collection of data	Endpoints appropriate to the aim of the study	Unbiased assessment of the study endpoint	Follow-up period appropriate to the aim of the study	Loss to follow up less than 5%	Prospective calculation of the study size	An adequate control group	Contemporary groups	Baseline equivalence of groups	Adequate statistical analyses	Minor	Max
Tarumi <i>et al.</i> (18)	1	2	0	2	1	2	2	0	NR	NR	NR	NR	10	16
Iizuka <i>et al.</i> (34)	2	2	2	2	1	1	1	0	NR	NR	NR	NR	11	16
Pischik <i>et al.</i> (20)	1	2	1	1	0	1	0	0	NR	NR	NR	NR	6	16
Bédard <i>et al.</i> (21)	2	2	1	2	0	2	0	0	NR	NR	NR	NR	9	16
Kuroda <i>et al.</i> (19)	1	1	2	0	0	0	0	0	NR	NR	NR	NR	4	16
Mehta <i>et al.</i> (35)	2	2	2	2	0	2	0	0	NR	NR	NR	NR	10	16
Matsuura <i>et al.</i> (22)	0	2	2	0	0	2	0	0	NR	NR	NR	NR	6	16
Chen <i>et al.</i> (23)	1	2	1	1	0	1	0	0	NR	NR	NR	NR	6	16
Zhang <i>et al.</i> (24)	2	2	1	1	0	0	0	0	NR	NR	NR	NR	6	16
Jin <i>et al.</i> (25)	1	0	1	1	0	0	0	0	NR	NR	NR	NR	3	16
Sun <i>et al.</i> (26)	0	2	1	1	0	0	0	0	NR	NR	NR	NR	4	16
Yajima <i>et al.</i> (30)	1	0	0	1	0	1	0	0	NR	NR	NR	NR	3	16
Kim <i>et al.</i> (32)	2	2	1	1	0	2	0	0	NR	NR	NR	NR	8	16
Misaki <i>et al.</i> (33)	2	2	1	2	2	2	0	0	1	2	2	2	18	24
Liu <i>et al.</i> (28)	1	0	1	1	0	2	1	0	2	2	2	2	14	24
Matsui <i>et al.</i> (31)	1	2	2	2	0	1	0	0	NR	NR	NR	NR	8	16
Yotsukura <i>et al.</i> (29)	2	0	1	2	0	0	0	0	NR	NR	NR	NR	5	16
Sun <i>et al.</i> (27)	1	2	1	2	0	0	0	0	2	2	2	2	14	24

NR, not reported.