

Table S1 The treatment observation period was 5±1 days after medication, and the follow-up was at 7 days after medication

Item	Research phase		
	Baseline day -1 to day 0	Treatment and follow-up	
		Treatment observation period (5 ± 1 days after medication)	Follow-up (7 days after medication)
Screening and recruitment	×		
Signed informed consent	×		
Throat swab influenza virus detection: colloidal gold method	×		
Throat swab influenza virus detection: RT- PCR method	×	×	
Serum influenza virus IgM antibody detection	x [#]	x [#]	
Record general information	×		
Physical examination	×	×	
CARIFS scores		The caregivers of the children filled out the diary card and recorded the CARIFS score every 24 h	
The efficacy of TCM syndromes scale	×	×	
Blood and urine routine	×	×	x [*]
CRP	×	×	x [*]
ECG	×	×	x [*]
Myocardial enzymes	x [#]	x [#]	x [*]
Liver and kidney function	×	×	x [*]
Distribution and recovery of trial drugs	×	×	
Issuance and recovery of patient diary	×	×	×
Records of concomitant medications	×	×	×
Adverse events evaluation		×	×
Summary of the trial		×	×

Note: x[#]Optional items; x^{*}Follow-up until patients returned to the normal or baseline value

Table S2 Scores for syndromes of heat in both the exterior and interior

Syndromes	Level			
	(-)	(+)	(++)	(+++)
Main symptoms	Score of 0	Score of 2	Score of 4	Score of 6
Fever	The highest axillary temperature was ≤ 37.2 °C (24 h before consultation)	The highest axillary temperature was 37.3–37.9 °C (24 h before consultation)	The highest axillary temperature was 38–39 °C (24 h before consultation)	The highest axillary temperature was >39 °C (24 h before consultation)
Constipation	/	Cracks on stool surface	Bumps on stool surface	Stool shape is like a hard ball
Other symptoms	Score of 0	Score of 1	Score of 2	Score of 3
Aversion to cold	/	Slightly feel the wind and cold and snuggle up in the mother's arms	Feel wind and cold and need to wear a quilt	Feel wind and cold and a quilt is not sufficient
Stuffy nose	/	Slight nasal congestion that does not affect breathing	Nasal congestion	Stuffed nose and patients need to open mouth to breathe
Runny nose	/	The snot is white and turbid, in a small amount	The snot is white and turbid, in a large amount	The snot is yellow and turbid, in a large amount
Pharyngeal swelling and pain	/	Slightly congested pharynx, no pain or slight pain	Pharyngeal congestion and edema, with pain when swallowing	Pharyngeal congestion and edema, severe sore throat, with a difficulty of swallowing
Cough	/	Occasional cough	Intermittent cough that does not affect rest and sleep	Frequent coughing day and night that affects rest and sleep
Thirst	/	Slightly thirsty	Thirsty and dry throat	Polydipsia
Irritability	/	Occasional	Often	Day and night
Tongue vein	Record, no score			
Tongue image	<input type="checkbox"/> Red tongue, with thin yellow or yellow coating		<input type="checkbox"/> Others:	
Pulse condition	<input type="checkbox"/> Floating pulse and purple fingerprint		<input type="checkbox"/> Others:	