Supplementary File 3. CONSORT Diagram

| SCREENING | Assessed for eligibility, 22 | Excluded, 4 Decisional preference (defers to the physician), 1 Language issues (not confident about English proficiency), 1 Metastatic disease (on further workups due to symptoms), 1 Transfer of center (due to logistics), 1 |
|------------|--|---|
| ENROLLMENT | Enrolled, 18 | |
| ALLOCATION | Allocated to intervention, 10 Allocated to control, 8 | |
| FOLLOW-UP | Followed up, 18 | |
| ANALYSIS | Analysed, 18 | |